

Darlene Brooks Advanced Hypnotherapist

“CHANGE YOUR MIND CHANGE YOUR LIFE”

Hypnosis sessions with me are very private, compassionate, and confidential. I have a passion for supporting clients in their quest to be the best that they can be in all areas of their lives.

The power of hypnosis is documented by doctors, dentists and many other leading health professionals. It was approved by the American Medical Association in 1958.

Hypnosis is a cooperative effort between my self and the client. No one can be hypnotized unless they choose to be. I teach clients how to access their true power and succeed in spite of life challenges. I help them discover the secrets to being strong, confident, and self reliant. Clients also learn how to interact as their authentic selves with dignity and integrity. This enables them to access their personal power, and know that they are worthy of love. The techniques I use help clients to move forward in their lives without fear. They release traumas, unforgiveness, anger, and resentment from their past.

Sessions with my clients are non-threatening and tailored to individual needs. Their success is my success. There is an atmosphere of supporting personal freedom and encouraging the ability to release what impacts to their lives in a negative way. As a result they can embrace the changes that they choose to have in their lives. CALL 612-940-2094

